Reintegrating into the Communities of Clallam County

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You've been released, now what?

Re-entering the community after incarceration can be challenging, but planning for it should help make it easier. This booklet was put together so you know where to go for housing, starting or restarting your government benefits, and finding other resources to ensure you have your basic needs met that are available; this may even include obtaining personal identification.

There are many important steps you must take once you have been released. Use this guide to help you reintegrate into the Port Angeles, Sequim, or Forks communities.

Step 1: Healthcare

If you had Medicaid healthcare, your benefits were terminated while you were in jail. Once you are released, it takes at least 24 hours, if not longer, to be reinstated.

If you are released and need medications before the suspension is lifted, you can visit the nearest DSHS office:

Port Angeles Community Services Office 201 W 1st St, Port Angeles WA 98362 Phone: 1-877-501-2233

Forks Branch Community Services Office

421 5th Ave, Forks, WA 98331 Phone: 1-877-501-2233

You can also come to <u>Peninsula Behavioral Health</u> and speak with a Community Assister Volunteer who can help speed up the process.

**If you were prescribed medications while in jail, <u>you will only have a</u> <u>limited refill when released</u> (typically 30 days). Therefore, you will need to immediately obtain (or reconnect with) a doctor in your community. If you were released with a prescription for a psychiatric medication, you should connect with your local community mental health center to obtain refills for these medications. The agencies below will help you get enrolled into the programs that best suit your needs and help you with the next steps you need to take.

Behavioral Health Agencies

Treating mental illnesses quickly after release is crucial.

Peninsula Behavioral Health (PBH) 118 East 8th Street, Port Angeles WA, 98362 Phone: 360-457-0431 (Appointments can be scheduled in Port Angeles and Sequim) https://peninsulabehavioral.org

From childhood trauma to schizophrenia to acute crises to episodic depression, PBH has the expertise and resources to treat residents who need care.

Walk-in clinic to engage in services are Tuesday, Wednesday, and Thursday 8:00AM - 2:00PM.

West End Outreach Services (WEOS)

530 Bogachiel Way, Forks, WA 98331 Phone: 360-374-5011 <u>https://www.forkshospital.org/west-end-outreach-services/</u>

WEOS has a staff of trained case managers and clinicians, both mental health and chemical dependency, to help people expand their life skills and develop community based support.

Walk-in clinic to engage in services are Fridays. Call to reserve your spot. It is on a first come, first served basis.

Notes:	 	 	

Primary Care

A primary care physician is essential to help an individual navigate to good health and stay healthy.

Olympic Peninsula Community Clinic OPCC

819 East Georgiana Street, Port Angeles WA 98362 Phone: 360-457-4431 <u>https://www.vimoclinic.org/</u>

OPCC is a free clinic, primarily serving low-income and homeless patients living in Clallam and Jefferson counties. The Olympic Peninsula Community Clinic provides primary medical, mental health care and referrals for specialty care to adults in the area.

North Olympic Healthcare Network

240 W Front St, Port Angeles WA 98362 Phone: 360-452-7891 http://nohn-pa.org/

North Olympic Healthcare Network provides patient-centered, quality-driven, whole person healthcare services, accessible to everyone in the community.

Olympic Medical Center

939 Caroline Street, Port Angeles WA 98362 Phone: 360-417-7000 https://www.olympicmedical.org/

Olympic Medical Center is a comprehensive, award-winning health care provider for more than 70,000 residents of Clallam County. Locally owned and operated since 1951, it is a sole community hospital and rural referral center as designated by Medicare.

Planned Parenthood-Port Angeles Health Center 426 East 8th Street, Port Angeles WA, 98362 Phone: 1-800-230-7526 https://www.plannedparenthood.org/

All services at this health center are available on a walk-in basis. Scheduled appointments are also available. If you need emergency contraception (morning after pill), you can walk in any time the health center is open.

Jamestown Family Health Clinic

808 North 5th Ave, Sequim WA 98382 Phone: 360-683-5900 <u>https://jamestowntribe.org/portfolio-items/jamestown-family-health-clinic/</u>

The Jamestown S'Klallam Tribe operates the Jamestown Family Health Clinic in the City of Sequim to provide primary health care services to Tribal citizens and non-tribal community members seeking quality care.

Dungeness Valley Health & Wellness Clinic

Also known as **Sequim Free Clinic** 777 N Fifth Ave, Ste 109, Sequim WA 98382 Phone: 360-582-0218 <u>https://sequimfreeclinic.org/</u>

The Dungeness Valley Health & Wellness Clinic is a non-profit organization. Locally referred to as The Sequim Free Clinic, our volunteer physicians, nursing and support staff provide Basic Urgent Care services to uninsured and under-insured.

Bogachiel Clinic

390 Founders Way, Forks WA 98331 Phone: 360-374-6998 https://www.forkshospital.org/clinics-and-medical-offices/

Bogachiel Clinic provides a full range of high quality, comprehensive family healthcare and specialty care to the community and visitors. They provide care for patients of all ages, including: infants, children, teens and adults of all ages.

Clallam County Department of Health

111 E Third St, Port Angeles WA 98362 Phone: 360-417-2274 http://www.clallam.net/HHS/

Questions for your new provider:
Current Medications:
Additional Notes:

Dental

The mouth is the window into the heath of the body. Good oral hygiene is your first step to a healthy lifestyle.

North Olympic Healthcare Network Dental Clinic

933 East First St, Port Angeles (360) 452-7891; Monday – Friday, 8am – 5pm Services: Preventative dental care for adults and children, plus xrays, fillings, extractions.

Sea Mar Community Health Center Dental Clinic

228 First St Suites K&L, Port Angeles (360) 406-5260; Monday – Saturday, 8am – 5pm Services: Preventative dental care for adults and children, plus x-rays, fillings, and extractions. Consultation for bridges, crowns and dentures.

VIMO Dental Clinic

819 E. Georgiana St, Port Angeles (360) 457-4431; Intake appointments on Monday 1-4pm Inquire for available services

Lower Elwha Dental Clinic

2851 Lower Elwha Road, Port Angeles (360) 452-8471; Monday – Friday 8am – 5pm Services available to tribal members, and include restorations, root canals, dentures, partials, crowns, extractions, bridges and implants.

Jamestown Family Dental Clinic

1033 Old Blyn Hwy, Sequim (360) 681-3400; Monday – Friday 8am – 5pm Services: preventative, restorative, endodontics, prosthodontics, implants and oral surgery for adults and children.

Drug and Alcohol Treatment

Olympic Personal Growth 390 E Cedar St, Sequim WA 98382 Phone: 360-681-8463 https://www.facebook.com/Olympicpersonalgrowth/

Olympic Personal Growth Center has been providing Chemical Dependency treatment for over 15 years. They offer an array of services to best suit an individual's needs.

Reflections

3430 E Highway 101, Ste 12, Port Angeles WA Phone: 360-452-4062 <u>https://www.facebook.com/Reflections-Counseling-Services-</u> 164840760319849/

The mission of Reflections is to provide intervention, treatment and recovery services to those affected by substance use disorders. Individualized and situation specific services are delivered by professionally credentialed staff assisted by interns and peer helpers using evidenced based practices.

Cedar Grove

221 N Race St, Port Angeles WA 98362 Phone: 360-452-2443

494 S Forks Ave, Forks WA 98331 Phone: 360-374-5109 <u>https://www.facebook.com/Cedar-Grove-Counseling-</u> 956805751078655/

If you are struggling with addiction, the experienced addiction counselors at Cedar Grove Counseling will help you regain control of your life. Located in Port Angeles, Washington, they are a privately owned and operated, state-certified facility that is dedicated to helping their patients.

Klallam Counseling Service

243613 Hwy 101 West, Port Angeles WA 98363 Phone: 360-452-4432 https://www.elwha.org/departments/klallam-counseling-services/

Klallam Counseling Service provides behavioral health treatment services to native and non-native individuals and their family members by providing them with the structure to make the lifestyle choices and changes that will give them a sense of freedom and an overall improved quality of life.

American Behavioral Health Services - Specialty Services II and III 825 East 5th Street, Port Angeles WA 98362 Phone: 360-477-4795 https://www.americanbehavioralhealth.net/

ABHS provides the full continuum of care by serving those struggling with addiction as well as behavioral health treatment.

Notes:		

Step 2: Identification

Proof of identity is required in order to receive many services. Your social security card and an ID card will usually be enough. However, if you don't have these documents, you will need your birth certificate in order to apply for them.

 Birth Certificate (Washington state) Clallam County HHS: 111 East 3rd Street, Port Angeles, WA 98362 Phone: 360-417-2000 Office Hours: Monday –Friday 9AM – 4PM

In order to get your birth certificate, you need to provide your full name, birthdate and place of birth.

Certificates cost \$20 each and are payable by cash (exact change required), check, or money order made out to Clallam County Health & Human Services (CCHHS). No credit/debit cards accepted.

**For birth certificates outside of Washington State, speak with your case manager or therapist for assistance.

Social Security Card
 138 W 1st St #113, Port Angeles, WA 98362
 Phone: 800-772-1213
 Office Hours: Monday-Friday 9AM -12PM

You can request your social security cared online by creating an online account at https://www.ssa.gov/myaccount/.

You must be able to verify the following information: email address, Social Security number, birth date, and US mailing address.

 State Issued Identification Card or Driver's License Port Angeles Driver Licensing Office: 228 W 1st Street, Ste M, Port Angeles, WA 98362 Phone: 360.457.8887 Office Hours: Monday – Friday 8:30AM – 5PM, Saturday 8:30AM – 2:30PM

Forks Drivers Licensing Office

421 5th Ave, Forks, WA 98331 360-374-6440 Office Hours: Wednesday and Friday 10AM – 4PM

- You must be able to verify your identity. Your birth certificate and Social security card are needed for this.
- A standard ID card costs \$54, replacing a lost or stolen ID card costs \$20.
 - DSHS has a voucher to help you acquire your ID for \$5.

For more information on replacing lost or stolen vital records, including the above documents and your Medicare/Medicaid ID cards, passports, and military ID cards, visit https://www.usa.gov/replace-vital-documents

Notes:	 	 	

Step 3: Housing

Currently, affordable housing in Clallam County is hard to obtain. You may have to apply and be put on many waitlists before housing can be secured.

Family/Friends

Staying with family or friends can be a good option for many people. However, some may not have this option, or they may choose to find their own housing. For assistance, see the following references.

Homeless Shelters

Serenity House – PA, Sequim & Forks 2321 West 18th Street, Port Angeles WA 98362 583 West Washington Street, Sequim WA 98382 287 Founders Way, Forks WA 98331 360-565-5041 https://www.serenityhouseclallam.org/

Serenity House strives to prevent homelessness throughout Clallam County by offering programs that target the root causes of homelessness.

Summit House – Sequim

325 E Washington St #126, Sequim WA 98382 https://www.olympicorca.org/

Summit House is transitional housing and wrap-around social services to women and children experiencing homelessness, crisis or trauma. To be considered, go to the website above and complete the summit house application.

Homelessness Resource Center at SAMHSA

https://www.samhsa.gov/homelessness-programs-resources

Homeless shelter Directory https://www.homelessshelterdirectory.org/

Drug and Alcohol Detox Housing

Oxford House Phone: 360-770-1561 (Annie Cleavland) https://www.oxfordvacancies.com/

Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House describes a democratically run, self-supporting and drug free home. Apply online or in person.

Non-Profit Housing Programs

TAFY - The Answer For Youth

826 East First Street, Port Angeles WA 98362
Phone: 360-670-4363
Hours: Monday, Wednesday, Friday 3:00PM-7:00PM Saturday 4:00PM – 7:00PM

TAFY, The Answer For Youth, is a nonprofit volunteer-based outreach center for at-risk and homeless youth. This charitable, community centered barrier free organization, provides a loving and caring environment that allows all to feel safe and protected.

Healthy Families of Clallam County

1210 East Front Street, Suite C, Port Angeles WA 98362 Phone: 360-452-3811 24-hour Crisis Line: 360-452-HELP (4357) Hours: Monday – Friday 9:00AM – 4:00PM

Healthy Families of Clallam County's mission is to provide a wide range of services empowering children, youth, adults and families to achieve their full potential, improve their physical, mental and emotional health and live free of violence and abuse.

Sarge's Place

250 Ash Avenue, Forks WA 98331 Phone: 360-374-5252 Hours: Monday-Friday 8:30AM – 4: 00 Sarge's Place is an emergency shelter for homeless Veterans located in Forks, Washington and owned by North Olympic Regional Veteran's Housing Network, non-profit agency serving all of Clallam and Jefferson Counties.

Notes:	

Government Subsidized Housing

Peninsula Housing Authority

2603 S Francis St., Port Angeles, WA 98362 Phone: 360-452-7631

Federal "Section 8" Certificate and Voucher Programs provide rental assistance for people whose income does not exceed 50% of the area's median.

Subsidized Housing for income-eligible individuals in Port Angeles:

<u>Evergreen Court</u>: 2202 W 16th St, Port Angeles, WA Phone: 406-240-5005

Fair Child Heights: 2301 W 18th St, Port Angeles, WA Phone: 360-457-6212

<u>Highland Commons</u>: 1703 Melody Circ., Port Angeles, WA Phone: 360-457-6827

Hilltop Ridge: 1914 S Pine St, Port Angeles, WA Phone: 360-457-5322

Lee Plaza: 112 W 1st St., Port Angeles, WA Phone: 360-457-7785

Pine Road Village: 528 W Lauridsen Blvd, Port Angeles, WA Phone: 360-452-9743

<u>Wildwood Terrace</u>: 934 W Lauridsen Blvd, Port Angeles, WA Phone: 360-452-7563

Subsidized Housing for income-eligible individuals in Sequim:

Mountain View Court: 303 S Fifth Ave, Sequim WA 360-683-6632

Pioneer Villa: 280 E Prairie St., Sequim WA Phone: 360-683-3637 <u>Sunbelt</u>: 505 S Fifth St, Sequim WA Phone: 360-452-7631

Suncrest & Suncrest II: 201 E Prairie St, Sequim WA Phone: 360-683-5044

<u>Suncrest Village</u>: 251 S Fifth Ave, Sequim WA Phone: 360-681-3800

Subsidized Housing for income-eligible individuals in Forks:

Burk Plaza: 287 Founders Way, Forks WA Phone: 360-374-5604

Homestead Apartments: 505 Bogachiel Way, Forks WA Phone: 360-374-5604

Oxbow Apartments: 821 Division St, Forks WA Phone: 360-374-2650

Notes:			

Step 4: Food

Food Banks

Port Angeles Food Bank 402 S Valley St. Port Angeles WA 98362 Phone: 360-452-8568 https://www.portangelesfoodbank.org/

Hours: Monday, Wednesday, and Friday from 11:00-3:30

The Port Angeles Food Bank is available to all Clallam County residents. Individuals and families may visit twice a month and those experiencing unstable housing may visit weekly. Each family will leave with fresh milk, eggs, and produce, frozen meat, pantry items, and baked goods and other items as they are available.

Independent Bible Church

116 E Ahlvers Rd, Port Angeles WA 98362 Phone: 360-452-3351 Hours: Tuesday – Friday 10:00 – 2:00

Lutheran Community Services

301 Lopez St, Port Angeles WA 98362 Phone: 360-452-5437 Hours: Monday – Thursday 8:00-4:00pm, Friday 8:00-2:00

One to two day supply of emergency food is available. Please call ahead so LCS can be sure someone will be available to help.

Sequim Food Bank

114 W Alder St, Sequim WA 98382 Phone: 360-683-1205 <u>https://www.sequimfoodbank.org/</u> Hours: Monday 1:00-4:00, Friday & Saturday 9:00-12:00

The Sequim Food Bank is available to anyone living within the Sequim School District boundaries. Individuals and families can visit twice a month for as long as they need assistance – and leave with an abundance of nutritious food. Our volunteers serve all visitors with dignity and compassion.

Forks Food Bank

181 Bogachiel Way, Forks WA 98331 (Door on Second Avenue) Phone: 360-374-4197 Hours: Tuesday & Thursday 3:00-4:30

Meals Served

H.O.W.L. (Helping Others with Life)

230 West 8th Street, Port Angeles WA 98362 Phone: 360-452-6004 Hours: Daily 11:00 – 2:00

A small sack lunch consisting of a sandwich, chips, beverage and a small dessert is provided for those in need.

Salvation Army

123 S Peabody St, Port Angeles WA 98362 Phone: 360-452-7679 Hours: Monday – Friday 8:00-9:00, closed the 2nd Friday each month. Monday – Thursday 12:00-1:00 (May-September) Monday – Friday 12:00-1:00 (October-April)

St Luke's Episcopal Church

525 North Fifth Avenue, Sequim WA 98382 Phone: 360-683-4862 Hours: Saturday 11:30-1:00

A hot lunch is served free for those in need. All who are hungry are welcome. The Light Lunch is provided by a group of churches in the Sequim area.

Notes:				

Government Funded Food Assistance

Basic Food Program: The US Department of Agriculture (USDA), Supplemental Nutrition Assistance Program (SNAP), called Basic Food in Washington, helps low income people make ends meet by providing monthly benefits to buy food. You can apply for Basic Food Assistance online, or at your local Community Services Office.

Local Office: 201 W 1st St, Port Angeles WA 98362 Phone: 1-877-501-2233

Apply on-line: https://www.dshs.wa.gov/esa/community-services-offices/basic-food

Feeding America

https://www.feedingamerica.org/find-your-local-foodbank

Emergency Food Programs

https://www.homelessshelterdirectory.org/foodbanks/index.html

Step 5: Clothing

First Step's Clothing & Equipment Closet (Port Angeles) 325 East 6th Street, Port Angeles WA 98362 Phone: 360-457-8355 Hours: Monday – Thursday, 1 – 4 p.m.

Independent Bible Church Clothes Closet (Port Angeles)

112 N Lincoln Street, Port Angeles WA 98362 Phone: 360-452-3351 Hours: 1st and 3rd Wednesday, 10 a.m. – 1:30 p.m.

First United Methodist Church Clothing Closet

603 S Lincoln St, Port Angeles WA 98362 Phone: 360-452-8971 Hours: Monday – 12pm – 2pm, Wednesday – 1pm – 3pm

Seventh Day Adventist (Sequim)

30 Sanford Lane, Sequim WA 98382 Phone: 360-683-7373 Hours: 1st & 3rd Tuesdays: 10 a.m. – 1 p.m.

Notes:		

Step 6: Employment/Job Training

Washington WorkFirst Program Phone: 1-877-501-2233 https://workfirst.wa.gov/

The WorkFirst Program assists you by:

- Helping you pay for child care expenses through their Child Care Subsidy Program (formerly Working Connections Child Care)
- Helping you with a job search, including resume writing and job interview skills
- Providing you opportunities to get training to increase your skills and get a better job

If you are participating in the WorkFirst Program, your case manager will do everything possible to help you succeed. WorkFirst Support Services can help you with some of the expenses of getting and keeping a job, including:

- Work clothing
- Transportation
- Educational expenses
- Vehicle repair
- Tools and equipment
- Relocation expenses

Your case manager can tell you more about Support Services.

Becoming Employed Starts Today (BEST)

401 East 1st Street, Port Angeles WA 98362 Phone: 360-809-4663

BEST's goal is to help people find gainful employment, to help support themselves, their families and find fulfilment.

WorkSource – Clallam 228 W 1st Street A, Port Angeles WA 98362 Phone: 360-457-2103 https://www.worksourcewa.com/

Department of Vocational Rehabilitation

203 W 1st St, Port Angeles WA 98362 Phone: 360-565-2715 https://www.worksourcewa.com/

Express Employment Professionals

1128 E Front St, Port Angeles WA 98362 Phone: 360-452-1253 https://www.expresspros.com/portangeleswa/

Pacific Northwest Resourcing

535 E 8th St., Port Angeles WA 98362 Phone: 360-797-1079 https://www.pnwr.global/

On-Line Resources:

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https://www.indeed.com https://www.careerbuilder.com

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Step 7: Transportation

Clallam Transit 830 W Lauridsen Blvd, Port Angeles WA 98362 Phone: 360-452-4511 http://www.clallamtransit.com/

Paratransit Services

Phone: 360-452-4511, Option 1 http://www.clallamtransit.com/Paratransit

Step 8: Support Groups

Alcoholics Anonymous (AA) Phone: 360-452-4212 https://www.aa.org/

Narcotics Anonymous (NA)

Phone: 360-477-9367 https://www.na.org/

NAMI (National Alliance on Mental Illness) Phone: 360-452-5244

www.nami.org/local

Depression-Bipolar Support Alliance (DBSA)

www.dbsalliance.org/

Mental Health America (MHA)

https://www.mentalhealthamerica.net/

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